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What is claimed is:

- 1. A holding device with at least one operating mount, to which fastening means that are stressed upon traction can be fixed, as well as with a securing unit for mounting the holding device in a stationary mount, whereby the securing unit has at least two stopping catches distanced from one another, which stopping catches engage, in the mounted condition, with corresponding edge sections of the mount; characterized in that: the stopping catches 9, 9a, 9b are positioned on elastically movable support units 8, 8a, 8b, 15 which are connected with one another by means of a transverse section 7, 7a, 7b which is dimensionally stable in at least the mounted condition, and that, the extension of the mount 3, 3b between the edge sections 11, 11b is smaller than the corresponding dimension of transverse section 7, 7a, 7b.
- 2. A holding device in accordance with claim 1, characterized in that, the dimensionally stable transverse section 7, 7a, 7b, the support unit 8, 8b, 15, and the stopping catches 9, 9a, 9b are designed as a single-part bracket element.
- 3. A holding device in accordance with claim 2, characterized in that, at least one operating mount is integrally formed, as a single part, with the bracket element.
- 4. A holding device in accordance with claim 3, characterized in that, the bracket element has an attachment eyelet as an operating mount, which eyelet is formed by a free space below the transverse section 7, 7b and between the support units 8, 8b.
- 5. A holding device in accordance with claim 1, characterized in that, the dimensionally stable cross-section 7, 7a, 7b has a greater material thickness than the support unit 8, 8a, 8b.
- 6. A holding device in accordance with claim 1, characterized in that, the mount 3b has a rotationally asymmetrical penetrating cross-section, and

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that, the stopping catches 9b are adjusted to the penetrating cross-section in a form-locking manner, so that the stopping catches 9b are, in the mounted condition, held in the mount 3b, in relation to a central axis of the mount 3b, in a manner secured against twisting.

- 7. A holding device in accordance with claim 2, characterized in that, the operating mount 14 is integrally formed with a support element 12 separated from the bracket element, which support element is provided with a base-side support area 13 for support on the edge sections 11 of the mount 3, and that, the bracket element 7a, 9a, 15 overlaps with the support element 12 in the mounted condition.
- 8. A holding device in accordance with claim 7, characterized in that, the support element has a support body section 16 which, in the mounted condition, forms a broad-surface, dimensionally stable placement contact for the transverse section 7a of the bracket element.
- 9. A holding device in accordance with claim 8, characterized in that, the bracket element 7a, 9a, 15 is spatially integrated into the support element 12.
- 10. A holding device in accordance with claim 7, characterized in that, on the support element 12, several hook extensions 14 projecting outwardly are provided as an operating mount.